

Allergens and Intolerance Report for ingredients
used in school sessions at Clifton Park Museum

Dish	Cereals containing gluten	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Milk	Eggs	Nuts	Peanuts	Sesame	Mustard	Soya beans	Celery	Fish	Crustaceans	Sulphur Dioxide	Lupin	Molluscs	Suitable for Vegetarians	Suitable for Vegans
Apple																					Y	Y
Brown Sugar																					Y	Y
Carrot																					Y	Y
Caster Sugar																					Y	Y
Eggs									Y												Y	N
Flour Plain White (Allinson)	Y	Y												?							Y	?
Flour Plain Wholemeal (Allinson)	Y	Y												?							Y	?
Flour Self Raising White (Allinson)	Y	Y												?							Y	?
Flour Self Raising Wholemeal (Allinson)	Y	Y												?							Y	?
Margarine (Dawn Phase)								Y													Y	Y
Milk - Semi skimmed								Y													Y	N
Oatmeal (Mornflake)		Y																			Y	Y
Soft Margarine (Golden Summer)																					Y	Y
Mixed Spice (Schwartz)																					Y	Y